

# LaKisha N. Redditt

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## PROFESSIONAL SUMMARY

Community Health Worker and Doula seeking a frontline public health instructional role to serve as a liaison between health/social services and the community seeking to become Community Health Workers. Friendly, capable, and compassionate; with the capacity to become a trusted instructor of the community health worker workforce. Increase future community health worker's knowledge and self-sufficiency through community education, informal counseling, social support and advocacy.

## EDUCATION AND TRAINING

American Heart Association BLS Instructor Certification July 2021

Mental Health First Aid Training for both Youth and Adults

St. Louis Community College, St. Louis, MO June 2016

### **Certificate of Completion Community Health Worker**

*Supported by Missouri Department of Health & Senior Services*

Perinatal Doula with Breastfeeding Peer Counseling, Sexual and Reproductive Health Counselor, and Childbirth Educator Certifications

Sponsored by Uzazi Village Kansas City, MO April 2016

St. Louis Community College~ MoSTEMWINs, St. Louis, MO December 2015

### **Patient Care Technician Certificate of Completion**

*Satisfies Missouri Department of Health & Senior Services for Unlicensed Assistive Personnel*

Lane College, Jackson, TN August 2003-April 2007

### **Bachelor of Science in Biology**

## AREAS OF KNOWLEDGE & EXPERIENCE

- Coordinate resources within the community for individuals; Assist individuals with enrolling into programs
- Build community capacity to prevent disease and promote health; Provide health intervention and prevention strategies
- Serve as a liaison between the community and health organizations
- Knowledge of basic Medical Terminology
- Understanding of client confidentiality/HIPAA
- EHR Familiarity; particularly HCN
- Charting and Reporting
- Vast knowledge of various community resources
- Strong advocacy skills
- Facilitation and execution of community health outreach initiatives
- Participated in Trauma Training to better service patients
- Development and implementation of curriculum to educate and empower community and workforce

## PROFESSIONAL EXPERIENCE

**Risk Management Strategies**, St. Louis, MO

May 2013-Present

*Home Health Caregiver*

I am responsible for the care of a patient with complex special needs. I administer patient medications, change dressings, and keep track of patient vital signs. I administer parenteral nutrition of a special formula over a feeding pump as well as monitor the patient's

skin for signs of breakdown. I am responsible for transporting patients to and from appointments and other trips outside of the home, activities of daily living assistance, and companionship. I am responsible for grooming, laundry, and keeping patient quarters clean. I am responsible for coordinating patient appointments and discuss any concerns I have with the health care team responsible for patient's care.

**St. Louis Community College, St. Louis, MO**

December 2016-Present

*Community Health Worker*

I assist in facilitating the Community Health Worker training by teaching the section on Home Visiting.

**St. Louis University, St. Louis, MO**

July 2019-Present

*Independent Contractor*

I co-facilitate an elective course at SLU called Labor of Love. This course is taught to 1st year medical students seeking to learn more about doula support while teaching them an alternate side of patient care. Using a framework curriculum, I am responsible for designing a doula training with relevant activities and lectures centered around the topics presented during a 6 week course. At the end of each fall semester, I am responsible for refining the materials for the next training.

**Mercy Hospital-St. Louis, St. Louis, MO**

January 2021-October 2021

*Woman and Child Educator*

I facilitated Mercy's childbirth education classes. I taught the childbirth curriculum for patients electing to receive care provided by the OB/GYNs as well as Newborn Care for expecting parents. I was required to attend regular staff meetings. I added infant CPR and aspects of disaster preparedness to the childbirth education I was teaching and had plans on collaborating with the education department to add important information to curriculum not previously discussed.

**Family Care Health Centers, St. Louis, MO**

January 2017-March 2019

*Community Health Worker*

I was charged with the task of working with the Pediatric Behavioral Health Consultants; assisting parents with navigating the school system when it comes to children receiving needs at school. I accompanied parents to 504 Plan meetings and IEP (Individualized Education Plan) Meetings. I consulted with the BHCs at the clinic weekly to present information on patients tasked as well as receive possible referrals. I also assisted patients with ensuring their basic needs were met and issues are resolved by looking at a patient's Social Determinants of Health. I am proficient in organizing and utilizing resources. While working at Family Care, I used personal skills to lead classes and was instrumental in the implementation of Family Care's Prenatal Education and Resource event which was in the form of a Baby Shower that provided Baby Safety training to families.

## **PROFESSIONAL AFFILIATIONS**

St. Louis Doula Project, Board Chair

St. Louis Community Health Worker Coalition, Board of Leaders Member, Secretary

Community Health Worker Association of Missouri

National Association of Community Health Workers

National Black Doulas Association